

31 Ideas for Family Fun Calendar

 <p>BAKING</p>		<p>STORY TIME</p>	 <p>BOARD GAMES</p>	CRAFT DAY	PIZZA NIGHT	PILLOW FORT
MOVIE MARATHON	<p>LEARN SIGN LANGUAGE</p>	<p>FILM FOR A DAY</p> 	<p>DANCE PARTY</p>	YOGA/ PILATES	 <p>PICNIC</p>	MAKE CARDS/ LETTERS
FASHION SHOW	<p>WRITE A STORY</p> 	<p>TIE DYE</p>	LEARN TO SEW	BUILD MODELS	<p>FAMILY VIDEO GAMES</p>	OLD PHOTO ALBUMS
 <p>SCRAP BOOK</p>	LIFE SIZED DRAWINGS	<p>KARAOKE</p> 	FOUR LEAF CLOVERS	<p>MAKE A CRITTER HOUSE</p>	ONLINE TUTORIAL	 <p>PLAY IN THE RAIN</p>
SCAVENGER HUNT	PAINT ROCKS	QUIET TIME				

31 Days of Family Fun

In a world where most of us spend a lot of time looking at screens instead of truly interacting in meaningful fun ways, it is important to keep family time a priority. Studies have shown that the simple act of having nightly family dinners does wonders for the emotional, academic, and even physical development of the children in the home. Imagine how much more could be achieved with regular, fun activities that will also help you bond and become even closer as a family! Below are thirty-one days of family activities to get you started...

Baking

Let everyone choose something they want to bake together as a family. It could be cookies, cake pops, muffins, a pastry—anything yummy and bake-able! Then, you all work together as a family to get the ingredients and make something super delicious. If you have a big family, you can even do a different baking project every week or month until everyone has had a chance to make their favorites!

Gardening

Gardening is a useful skill and can be a lot of fun. You can start a little vegetable, herb, or flower garden depending on the space you have. If you have a lot of space, everyone can have their own little plot where they can grow what they want. In a small space, everyone can have their own pot to tend. Gardening is a great way to show your kids how patience, hard work, and perseverance can pay off in big ways!

Story Time

To get the whole family involved in a favorite story, try acting it out instead of just reading it! Everyone will become part of the story, and you will all have an amazing memory to look back on forever. Bonus points for going all in with costumes, funny voices, and homemade props!

Board Games

Sometimes a relaxing day of playing board games is a great way to pass the time. If you want to add a little something extra, try making up some new rules and change the same old games up a bit! You can also create your own games like themed charades, or scavenger hunts! Unleash your creative side and play by your own rules.

Craft Day

Coloring, collages, slime making, painting, etc. are all examples of super fun crafts you can do with your family. Art is something that can be therapeutic, so make sure this is a positive experience with no bad ideas or critiques. Art styles are all different, and there is no wrong way to be creative. Just have fun! Need inspiration? Visit Pinterest, or you can go to: <https://funfamilycrafts.com> for great ideas.

Pizza Night

All you need is dough, toppings, sauce, and an oven to have your very own family pizzeria! Everyone gets enough dough for a personal sized pizza, and they can top it however they want. Then, you just bake and enjoy! This makes personal pizzas truly personal, and makes for great bonding time with food and fun!

Pillow Fort

One person can make a pretty awesome pillow fort, but a whole family can make an epic pillow CASTLE! Use cardboard boxes, blankets, couch cushions, pillows, and more to create a huge pillow fort to hang out in.

Movie Marathon

(This is a great add-on to pillow fort day) Get comfy and watch a movie series for a day with lots snacks and finger food. Stay in your pajamas for extra coziness!

Learn Sign Language

Sign language is a very useful language to know, and it is actually a lot of fun to learn. You can use books and/or online tutorials, help each other practice, and even try going a whole day communicating with just sign! Find more about learning sign language here:

<https://www.startasl.com/american-sign-language-alphabet/>

Film For A Day

Use your phones, or an old camcorder to document a whole day with your family. Then you can watch it back and even edit it into a fun family movie if you want to! As the years go by, it will be fun to look back and remember what a fun day you had, and how you lived at that time.

Dance Party

Make a playlist with everyone's favorite songs, and have a big dance party! Go crazy and have fun just shaking out all your troubles. You will get a great workout, too!

Yoga/Pilates

Speaking of workouts, Pilates and Yoga are fantastic ways to help with flexibility and fitness. Start with beginner positions, and practice daily until everyone is super comfortable with gradually learning more complex positions. Never overdo these exercises! They can be an amazing way to promote a healthy body and mind. This site might be helpful if you are a beginner: <https://www.yogabasics.com/practice/yoga-for-beginners/>

Picnic

This can be indoor or outdoor, depending on your situation. Pack up some food, drinks, snacks, pillows, and blankets. Then set up a nice little picnic spot in your house or backyard! Picnics are always a lot of fun and much more relaxing than a typical formal meal at a table.

Make Cards/Write Letters

Letters and cards can mean so much to the elderly in nursing homes and troops overseas. Make some handmade cards with happy messages, or write some kind letters and send them out to senior homes and military bases. This is a wonderful way to boost morale and spread love to people who may be lonely and discouraged. You can use these links to send your cards: <https://supportourtroops.org/cards-letters> AND <https://www.operationgratitude.com/express-your-thanks/write-letters/>

Fashion Show

Let the kids try on some old clothes from your closet, and make the craziest outfits they can think of... Then, the parents can pretend to be fashion show judges and score everyone's costumes. The judges can even have their own eccentric outfits on for extra fun!

Write A Story

This can be done in a variety of ways. You can use a white/chalk board to add words while everyone takes turns adding one word at a time. You can also write one all together and put it on paper you can bind together into a homemade book. This also works with filling in mad-libs if you need a starting point to get your creativity rolling!

Tie Dye

Tie dye is a lot of fun and a great outlet for creativity! You can tie dye just about any article of clothing and there are a million ways to tie and dye them! Once they are all finished, you will have a great memory every time you wear whatever you made! Check out "5 easy tie-dye instructions — plus, 4 tie-dye patterns to try" here: <https://www.care.com/c/stories/3341/5-easy-tie-dye-instructions-and-4-tie-dye-pat/>

Learn To Sew

Sewing is a skill that always comes in handy at one time or another. Knowing how to sew on a button or hem a pair of pants or a skirt can be the difference between an awkward situation and a quick fix with no fuss. Basic stitches are also good to know in any future fashion emergencies.

Build Models

Order a model airplane, building, robot, car, etc. and build it together as a family. Model building is an awesome way to learn about how things go together, and how to work together as a team.

Family Video Games

A lot of modern video games and systems have awesome multiplayer options that make family fun super easy! The Wii in particular has some of the best games and features for this, but you can use any system if you take turns playing one single player game. Keep it pressure free and have fun! Games are meant to be played to have FUN, not just to win.

Check Out Old Photo Albums

Learning about family history is a great way to keep memories and traditions alive. Great grandma's cookie recipe will mean that much more if your kids have a face to place with the stories. Pictures are worth a thousand words, and they also preserve the memories of the past.

Make A Scrapbook With New Photos

To make your own memories for your family's future, take pictures and add them to a new album! You can even try out scrapbooking to make it even more meaningful and organized. Everyone can fill out a page in their own style and write their own little memory notes next to each picture.

Life Sized Drawings

Get a big piece of poster board and have someone lay down on it. Then you can trace around their body so you have a template. Once that is done, everyone can work together to fill in the template and make a life sized drawing of the family member!

Karaoke

Karaoke is a lot of fun, and making it a family affair is sure to get lots of laughs. You can even hold a contest for silliest song/voice combo... Bonus points for interpretive dance!

Look For Four Leaf Clovers

Clovers with four or more leaves are actually very rare. Looking for some in the backyard can pass a lot of time! Finding them is always very rewarding and exciting. You can also choose something else to hunt for; like mole hills, spider webs, or dandelions!

Make A Critter House

A typical birdhouse can be a home for lots of animals besides birds! Chipmunks, squirrels, mice, and other small mammals can also make their homes in birdhouses. This is a great way to keep these little guys warm and sheltered in the rain or cold.

Follow An Online Tutorial

This can be anything from cake decorating, to wreath making, to knitting a scarf! Just find a beginner video of something cool, and if you have the supplies you need—give it a try! It can be a lot of fun to see how your finished product compares with the video's. This can be a team effort to do one big project, or each family member can work on one small project! This is a great way to see how differently each person can do

the same thing. Use this as an opportunity to teach your kids about individuality as well as following instructions. Help them see that everyone is different in awesome ways!

Play In The Rain

Rain is usually an excuse to stay indoors, but you can have a lot of fun stomping in puddles and playing in the mud. Just make sure it is not too cold out, and that there is not any lightning nearby.

Scavenger Hunt

Scavenger hunts are really awesome ways to get the brain and body moving. There are also lots of ways to set up a scavenger hunt! You can theme it by color, size, room, and more! Set a time limit if you have older kids; and make sure if you have younger kids, that they can have fun without feeling too pressured to “win.” Family days and activities should be all about fun!

Paint Rocks

Have everyone find a cool rock outside. Then, you all can use your imaginations to see a shape of something specific in that rock. Once you have figured out what your rock looks like, you can paint it so it becomes that thing. For example, a lumpy rock might look like a toad; so you can paint legs and eyes and spots on it to make it look like a real toad!

Quiet Time

Quiet time is an opportunity for the kids to think, play by themselves, and give mom and dad a break!

Here are a few ideas to try for quiet time:

1. Puzzles
2. Word search
3. Reading
4. Educational worksheets

5. Extra chores

Helpful Links:

<https://www.howweelearn.com/quiet-time-activities-mess-free/>

<http://www.wordblanks.com/mad-libs/adventure/story-generator/amp/>

<http://puzzlemaker.discoveryeducation.com>

<http://puzzlemaker.discoveryeducation.com/WordSearchSetupForm.asp>

<https://www.parenting.com/child/10-best-educational-websites-kids/>

Family activities are wonderful opportunities to bond and create wonderful memories with your kids. Always be sure that everyone can enjoy themselves, and that not everything is a competition. Just be creative and have fun with it. You can do all the activities in the same month or spread them out. Either way, you will create memories that you and your children will treasure for years to come.